

FALL PROTECTION — PERSONAL PFAS KIT INSPECTION

Vanguard Training Group · One worker · Complete personal fall arrest system · ABCs of Fall Protection

VTG-FP-INSP-001

Worker / Assigned To	Inspector	Date	Time
Company / Site		Inspection Type ☐ Pre-Use ☐ Formal / Periodic ☐ Post-Fall	
Kit # / Component Type (full kit or single-item inspection)	Dept / Crew	In-Service / Issue Date	

COMPONENT DATA — Manufacturer, Model, Serial Number & Manufacture Date				
Component	Manufacturer / Model	Serial Number / ID	Manufacture Date	Qty
Full-Body Harness				
Shock-Absorbing Lanyard (single or twin)				
Self-Retracting Lifeline / SRL				
Fall Restraint Lanyard / Device				
Work Positioning Lanyard / Device				
Anchor / Anchorage Connector				
Other / Accessory				

Enter N/A or leave blank if not issued.

ANCHOR (Anchors & Anchor Points) Inspect every anchor / anchorage connector listed above	P	F	N/A
Anchor point / structure free of cracks, corrosion, deformation, or compromised integrity	☐	☐	☐
Anchorage connector webbing / cable free of cuts, frays, burns, chemical or UV damage	☐	☐	☐
Hardware (rings, clamps, bolts) free of cracks, distortion, corrosion, sharp edges, wear	☐	☐	☐
Labels / capacity ratings present, legible, and correct for the intended application	☐	☐	☐
Installation / orientation correct per manufacturer IFU (load direction, edge clearance)	☐	☐	☐
No makeshift or unrated anchors (conduit, unrated rail, pipe, temporary structure, etc.)	☐	☐	☐

BODY SUPPORT (Full-Body Harness) Inspect harness listed above	P	F	N/A
Webbing free of cuts, frays, burns, chemicals, UV glazing, or broken fibers	☐	☐	☐
Stitching intact (no pulled, broken, or missing threads at stress points)	☐	☐	☐
D-rings (dorsal / sternal / side): no cracks, distortion, or corrosion	☐	☐	☐
Buckles & adjusters operate freely and engage fully; all fit components present	☐	☐	☐
Labels present and legible; impact / fall indicators not deployed	☐	☐	☐

CONNECTORS (Lanyards · SRLs · Fall Restraint · Work Positioning · Hooks) Inspect all connector items above	P	F	N/A
Lanyard webbing / cable free of cuts, kinks, bird-caging, abrasion, or corrosion	☐	☐	☐
Energy absorber pack intact (cover not torn; no signs of deployment or elongation)	☐	☐	☐
SRL housing undamaged; line retracts smoothly full length; lock-up functions properly	☐	☐	☐
SRL Class 1 / Class 2 (or LE) rating verified for the planned application	☐	☐	☐
Snap hooks / carabiners: gate closes & locks; no side-load damage, wear, or deformation	☐	☐	☐
No knots, makeshift repairs, or mismatched hardware; compatible Anchor + Body + Connector system	☐	☐	☐

OVERALL KIT RESULT ☐ PASS — Entire kit OK — return to service ☐ FAIL — Tag out failed item(s) ☐ OOS — Destroy / quarantine

Failed serial(s) / comments

Worker Signature (received / understood)	Inspector Signature	Competent Person (if required)
Print Name	Print Name	Print Name
Signature	Signature	Signature